

ME EQUIPMENT  
Reciprocal interference, electromagnetic or other interference – no known risks.

DISPOSAL OF MIHEALTH & BATTERY  
Batteries should be disposed of at a battery collection facility. The miHealth device should be disposed of at an appropriate site for electrical goods disposal.

all repairs should only be completed by NES Health Ltd or their approved engineers.  
Please do not attempt to open the device. The internal electrical components are very delicate and contact NES Health Ltd for assistance.

After plugging in an external electrode or if you are having trouble operating it, please use the recalibration facility in the miHealth settings.

TRUBLESHOOTING  
Always start on the lowest power setting and slowly increase whilst on the skin.

This device should not be modified in any way without the authorisation of the manufacturer.  
Only use a NES approved battery, charger and USB cable.

Keep out of the reach of children.  
For external use only.  
Clean with anti-bacterial wipe between uses.

• In wet conditions or must not be immersed in water  
• When the device is connected to a computer or charger  
• If there is damage to the case, screen, electrodes or if the device is malfunctioning in any way  
• If the battery is leaking

Due to the electrical nature of the device must not be used:-  
epilepsy, undiagnosed pain or if you are unsure of your suitability for this type of electrical stimulation.

Check with a healthcare professional before using this device if you suffer from a heart condition,  
• On children (under 5 years)  
• Directly over metal implants  
• Around eyes, mouth or directly over the heart

Do not use:  
• A Cardio Stimulator (pacemaker)  
• Deep brain implants & other electrical/metal implants  
• Undiagnosed conditions and conditions of unknown origin

DO NOT apply the NES miHealth to anyone with the following condition without professional specialised training:  
• Allergy to stainless steel  
• Mental disorders of a severe nature  
• Cardiac Fibrillation

The NES miHealth is most commonly used on patients with joint, back or muscle pain. It has also been shown to be effective on patients with chronic or acute pain, nerve related pain and stress.

related issues  
• Medical device for the treatment of pain

• Capacity: 1100mAh  
• Weight: 190g  
• CPU: 96MHz  
• Memory: 256k  
• RAM: 16k

• Electrode volts: without skin contact 250V  
• Current into skin: <1mA  
• Operating frequency: 15-1000Hz  
• Air Pressure: 900-1050mb  
• Relative Humidity: 5-95%

• Operating Temperature Range: 0-40°C

The NES miHealth is a handheld battery powered device with stainless steel electrodes on the back and top of the device. Small electrical pulses are transmitted to the body through these electrodes and/or optional carbon pads to stimulate the body to reduce pain in the treated area. The miHealth has an effect on the pain signal pathways.

The NES miHealth cycles through a series of frequencies to avoid the body getting used to the transmitted pulses and therefore ignoring them.

PLEASE READ BEFORE USING THE DEVICE



## Warning Information

## Technical Specification (EN)

### Using the NES miHealth for the first time

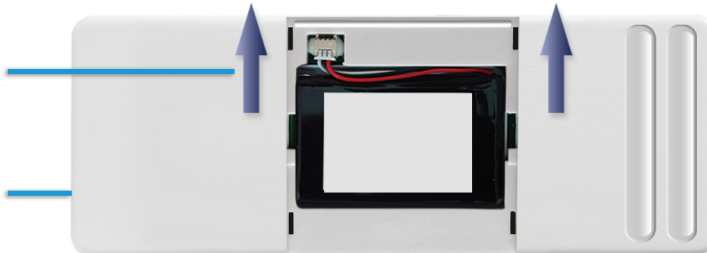
Please take note of how the battery is inserted below. Only use battery and charging cable supplied by NES Health.

Ensure the cable is positioned at the top.

It is highly recommended that the device is fully charged before operating it for the first time. Using your NES miHealth without fully charging the battery, or allowing the battery to run completely empty, will cause damage to the battery and result in the lifespan of the battery being significantly reduced.

Caution: delicate components. Take care when inserting or removing the battery, or connecting or disconnecting it to a recharger.

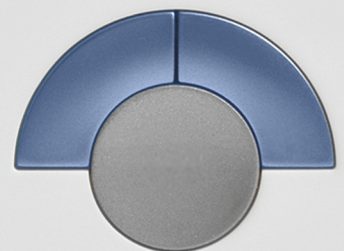
To remove battery cover, simply slide the cover up as shown in the image.



Ensure you are holding the miHealth at the bottom, the non electrode end.



### NES miHealth Getting Started Guide



## Warranty

This product has a warranty against manufacturing defects for a period of 1 year from date of purchase. This does not cover the product where the fault is due to misuse or abuse, where the product has been the subject of unauthorised modifications or alterations or used in contra-vention of instructions. The battery of this product is considered a consumable item and is warranted for 6 months from date of purchase. For full Terms and Conditions of Warranty please refer to the Terms and Conditions as published on the NES Health website [www.neshealth.com](http://www.neshealth.com).

<b>NES Health Limited</b> East House, Braeside Business Park Sterte Avenue West Poole, BH15 2BX <a href="http://www.neshealth.com">www.neshealth.com</a> +1 (888) 242-5933		 MANUFACTURER
 READ INSTRUCTIONS BEFORE USING DEVICE	 CE 0088 CONFORMS WITH ESSENTIAL REQUIREMENTS OF APPLICABLE EC DIRECTIVES	 CARDBOARD PACKAGING AND IFU CAN BE RECYCLED
 DO NOT DISPOSE OF BATTERIES IN HOUSEHOLD WASTE	 MINIMUM & MAXIMUM TEMP RANGE	 MINIMUM & MAXIMUM HUMIDITY RANGE
 KEEP DRY	 SEE NAVIGATION SECTION FOR APPLIED PART	