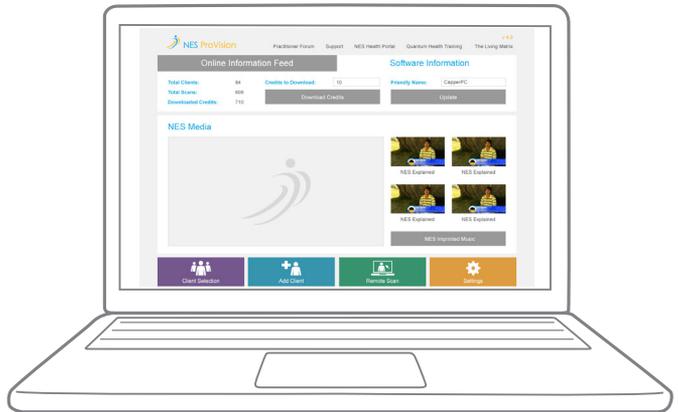


# Total WellNES System

## Quickstart Guide



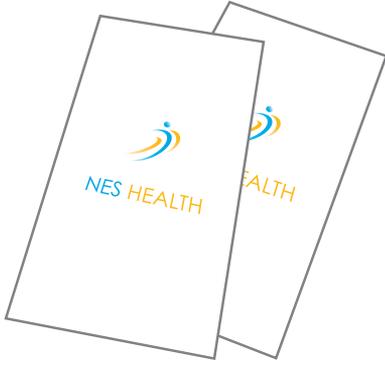


**NES HEALTH**  
Through Energy & Information

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# What's in the Box?



NES Manuals



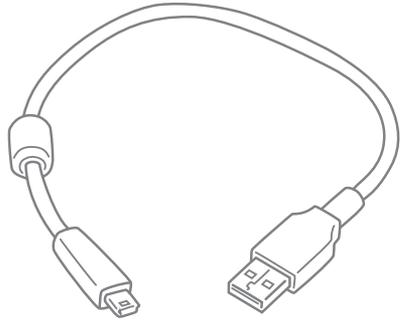
USB Key



ProVision Scanner



miHealth Battery



miHealth Cable



NES miHealth

**SOMETHING MISSING?**

Contact your local support at: [www.neshealth.com/contact-us](http://www.neshealth.com/contact-us)

# Getting Started

## NES ProVision: System Requirements

The computer system specifications required to run the ProVision software are as follows:

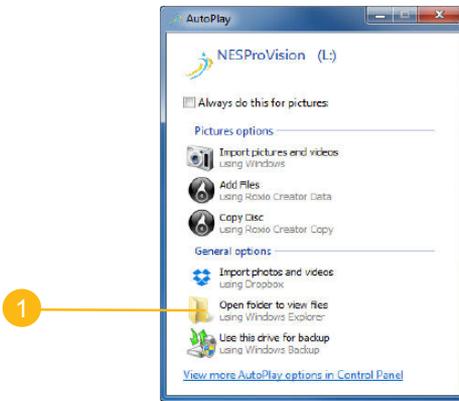
- Windows XP (Service Pack 2 or higher), Windows Vista, Windows 7, Windows 8, Windows 8.1
- 1024x768 minimum screen resolution
- One free USB port
- 2GB RAM (recommended)
- 5GB free hard disk space (recommended)

NES ProVision can also be run on an Apple Mac. It will, however, require you to either dual boot with a Windows operating system, or use a virtual PC application such as VMWare Fusion, which allows for Windows to be run within the Apple environment. NES ProVision can then be installed within this Windows environment.

## Installing the NES ProVision Software



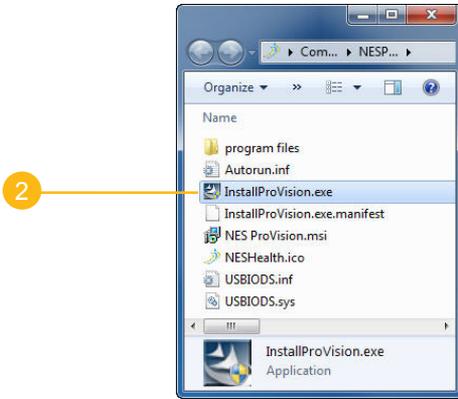
**Step 1** - Plug your NES ProVision installation USB key into your computer/laptop and connect to the internet.



**Step 2** - With the installation USB key inserted, your computer should automatically display the menu shown above.

- 1 Click 'Open folder to view files'

If the menu doesn't automatically show, click the Start menu then Computer (or My Computer), double-click on the USB drive labeled 'NESProVision' or 'NES Health'.

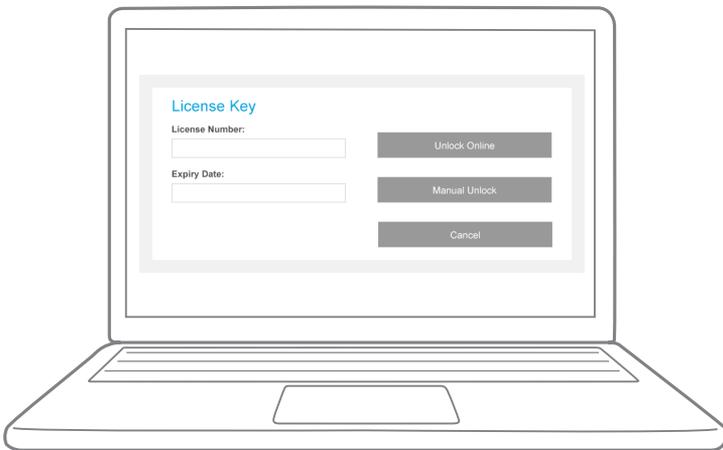


**Step 3** - In the folder that opens,

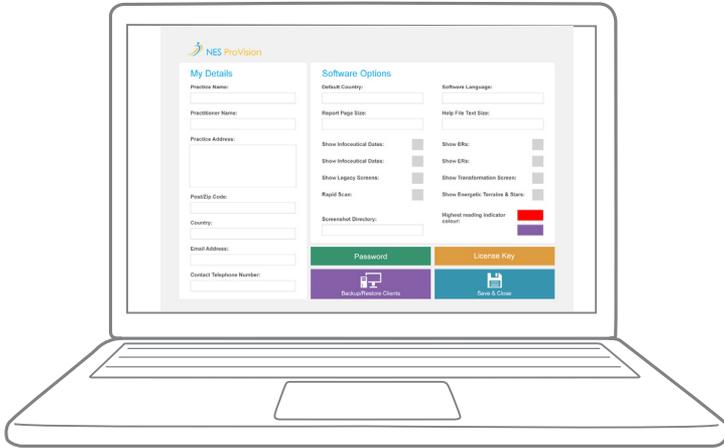
- 2 Double click on the file named 'InstallProVision'.

Proceed through the installation process. This may take a few minutes.

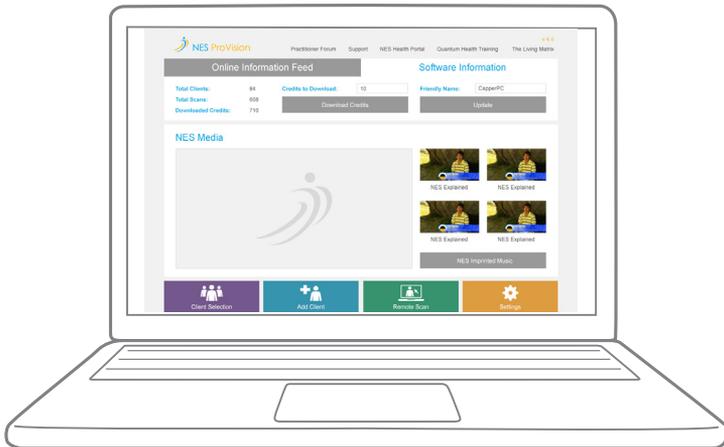
Double-click the 'NES ProVision' icon on your desktop to launch ProVision.



**Step 4** - Input your License Number in the box provided.



**Step 5** - Next, input your details on the Settings screen, then hit 'Save and Close'.

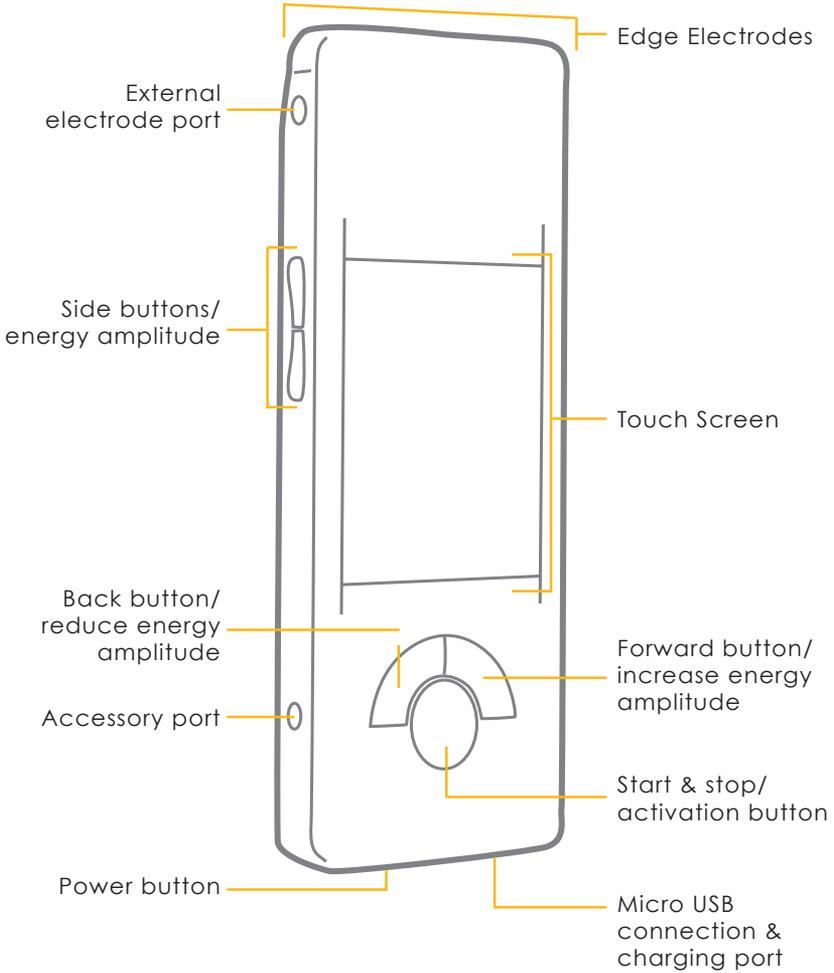


You now have NES ProVision installed and unlocked.

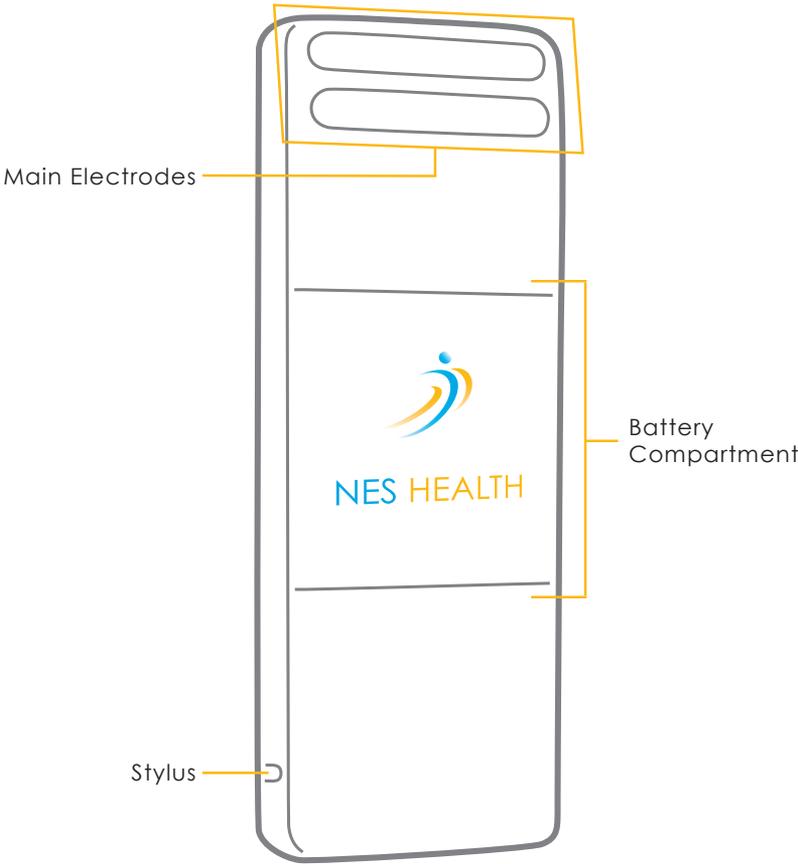
**NEXT...**  
set-up your NES miHealth.

# NES miHealth

## Get to know your NES miHealth

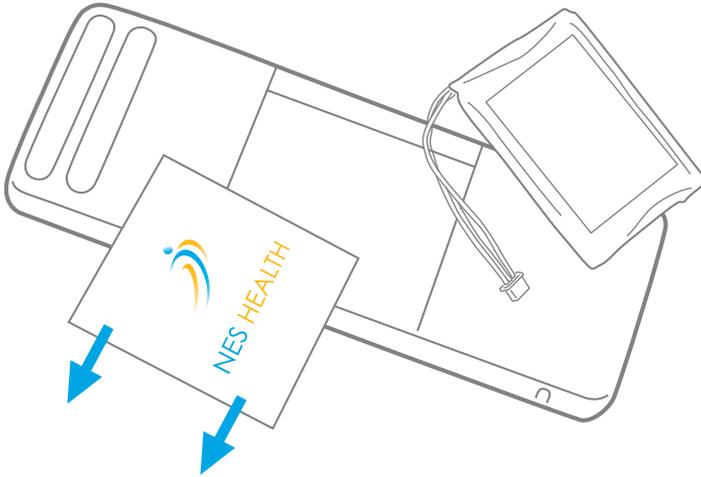


Front View

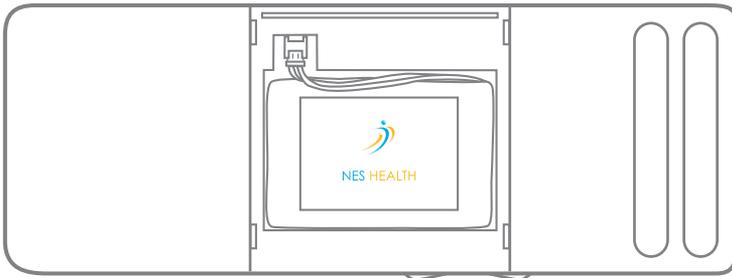


Rear View

## Inserting battery and turning on for the first time



Locate the battery compartment on the back of the NES miHealth and carefully slide it out.



Next, plug in miHealth battery as shown above.

Replace the battery compartment, then press the Power button to turn on your miHealth.

If the charge level is low, plug in your miHealth, using the cable provided, and charge for 3 hours.



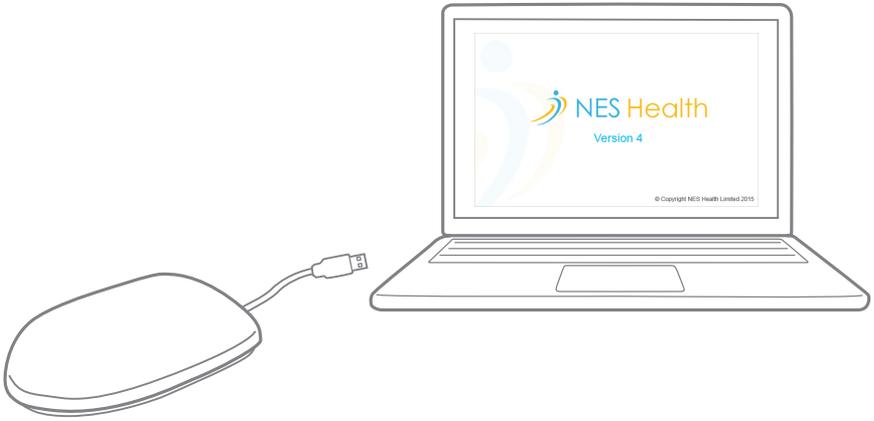
Once your miHealth is on, you must calibrate the electrodes.

- 1 Press the Settings icon  found on the bottom right of the screen.
- 2 Press Calibrate Electrodes, and follow the instructions on screen.

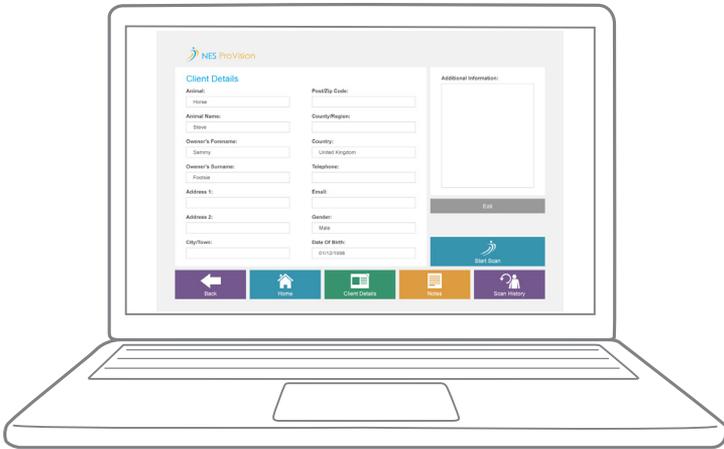
### NEED MORE INFO?

Check out the in-depth NES miHealth User Guide

# Scanning a Client

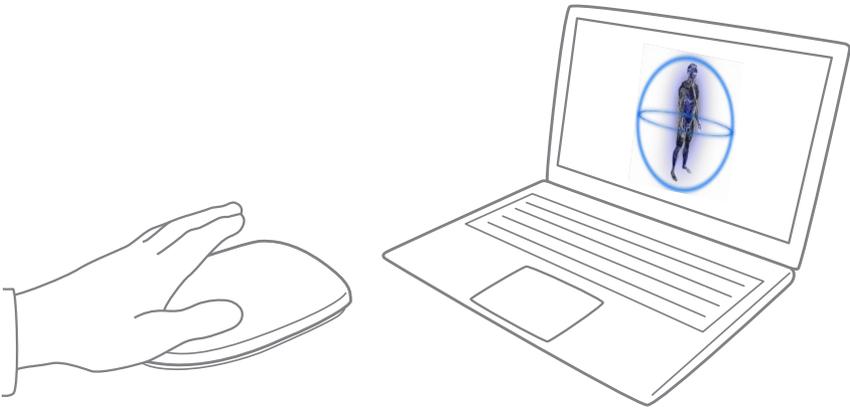


**Step 1** - With your computer on, plug the NES Scanner or the miHealth into the USB port of your computer and start up your ProVision Software.



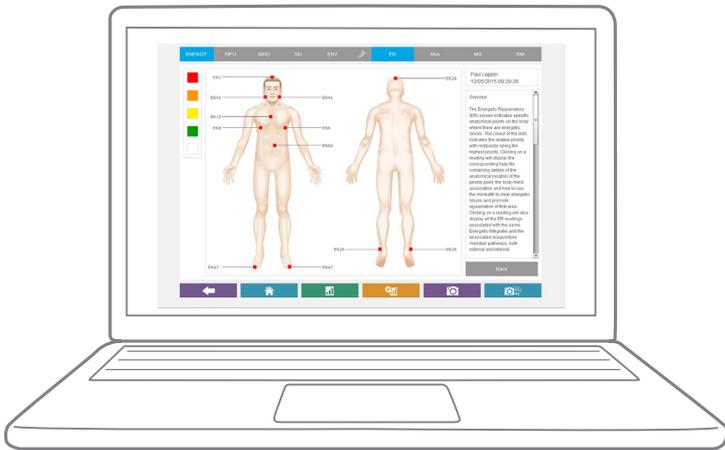
**Step 2** - Navigate to the 'Add Client' screen.

Input the client's information on the Client Screen, then click Save.



**Step 3** - Ask your client to place their hand on the Scanner and click the 'Scan' button to begin scanning the Human body-field.

Ensure that the client keeps their hand on the scanner until the scan is complete.

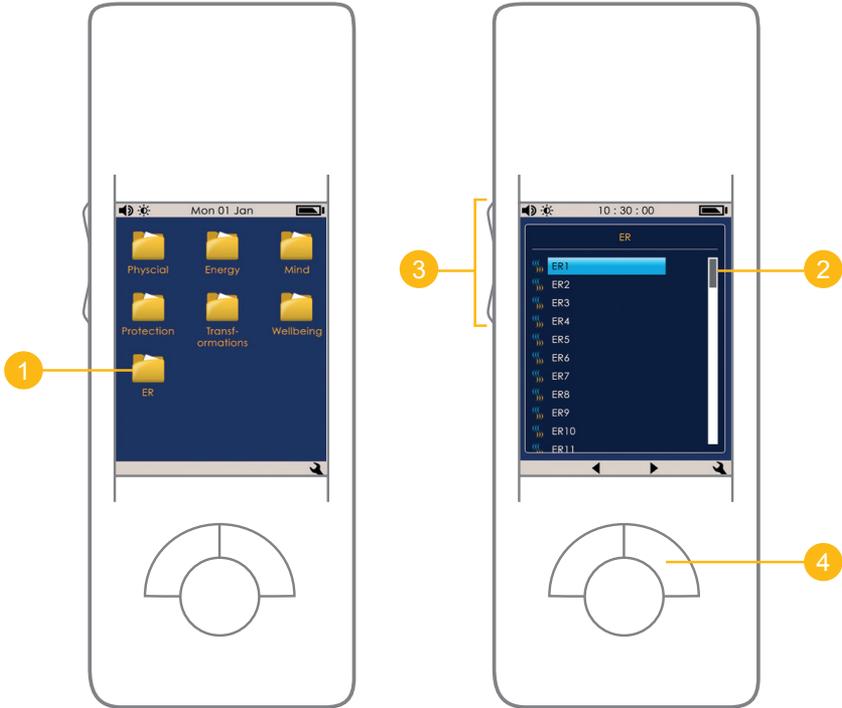


**Step 4** - The client's scan is now complete and the ER screen will be displayed.

To perfect your scanning technique view the videos and webinars on the Quantum Health training site - [www.quantumhealthtraining.com](http://www.quantumhealthtraining.com)

# ER's on the NES miHealth

## Selecting an ER Function



With the miHealth switched on -

- 1 Touch the ER folder on the Home screen using your finger or the stylus provided.

The next screen will display all ER functions.

- 2 Use the scroll bar on the right to look through the ER functions by dragging the gray bar up and down.

- 3 You can also scroll through the functions using the 'Side Buttons'.

To select an ER, highlight your desired function by touching it.

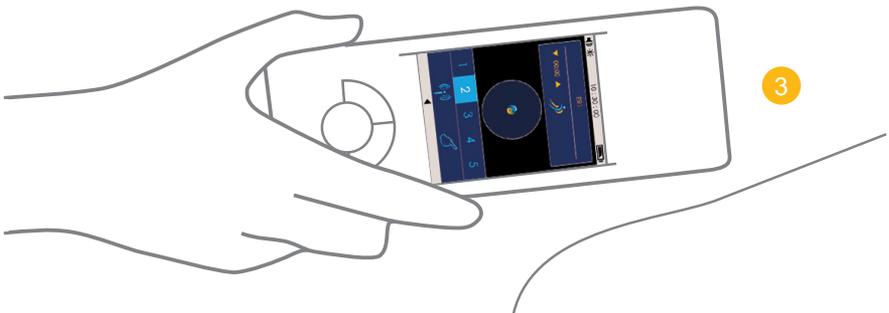
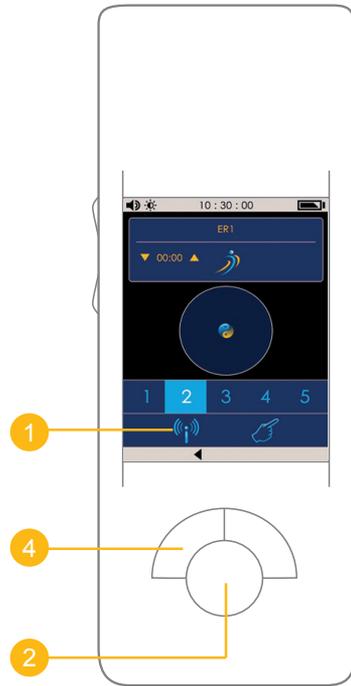
- 4 To proceed to the Run screen, press the 'Forward Button'.

## Run Screen - Using an ER Function

- 1 Click this icon to toggle between on-body and off-body mode.
- 2 Once you are ready, click the 'Start/Stop Button'.
- 3 Place the miHealth device on (on-body) or over (off-body) the area you want to treat.

To stop, double-click the 'Stop/Start Button'.

- 4 To select the next ER, simply click the 'Previous Button'.

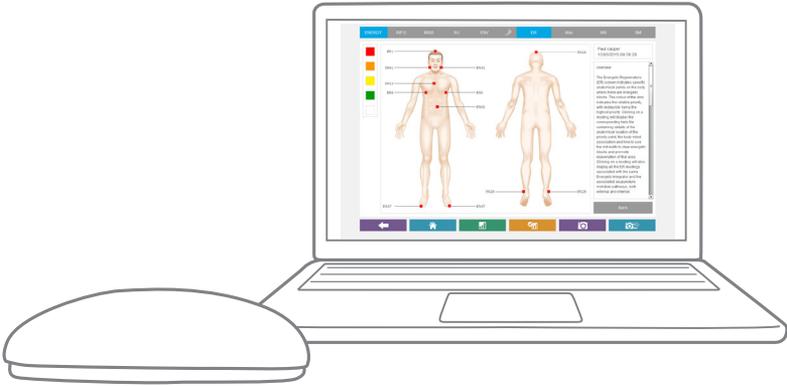


### REMINDER...

Get training! Sign up to the next training event in your region.

# The Clinic in the Box

## Reassess



**Step 1** - Use ProVision to assess or re-assess the flow of energy and information in the body-field and to highlight distortions and imbalances.

## Rejuvenate

**Step 2** - Use the NES miHealth to rejuvenate the body's energy flow through releasing any energy blockages or trigger points.



## Re-imprint



**Step 3** - Re-imprint the body-field back towards its original blueprint by providing the recommended protocol of Infoceuticals.

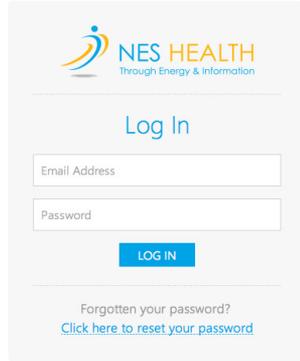
# NES Portal

## Ordering Infoceticals on the NES Portal

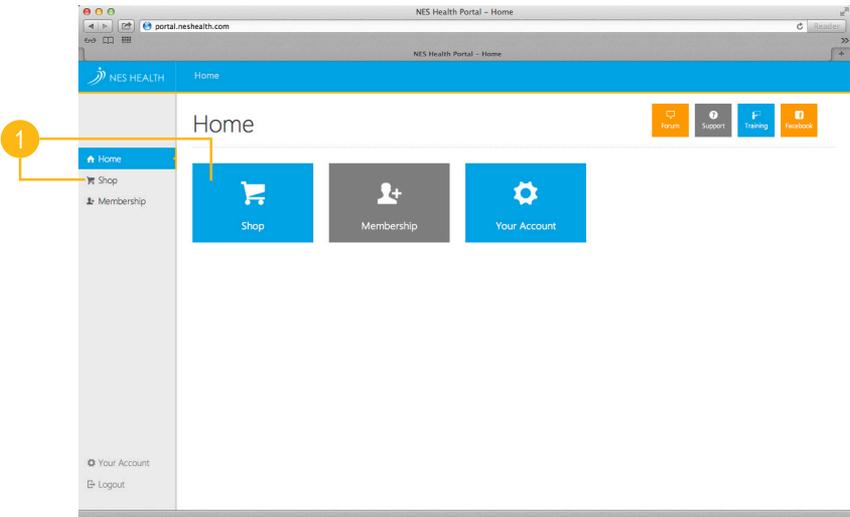
Enter the following address into a web browser eg. Google Chrome.

[www.neshealth.com/portal](http://www.neshealth.com/portal)

Input your email address and password in the login box provided, then click the 'LOG IN' button.



If you have forgotten your password, click on the 'Click here to reset your password' link and follow the instructions to reset your password.

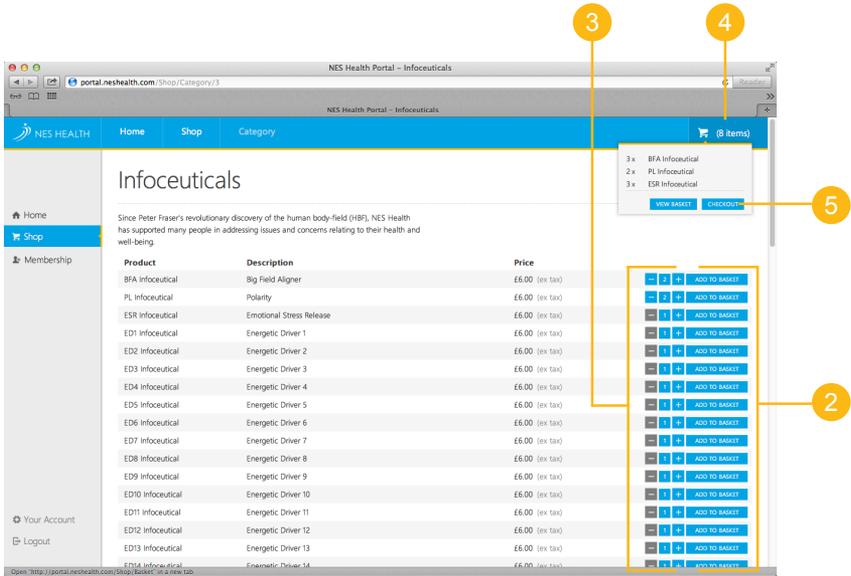


You will be presented with your Home page (as seen above).

- 1 Click on the 'Shop' button to view all items in the shop.

The next screen will display the Product Categories. Here you will be able to add CDs, DVDs, books etc. to your basket.

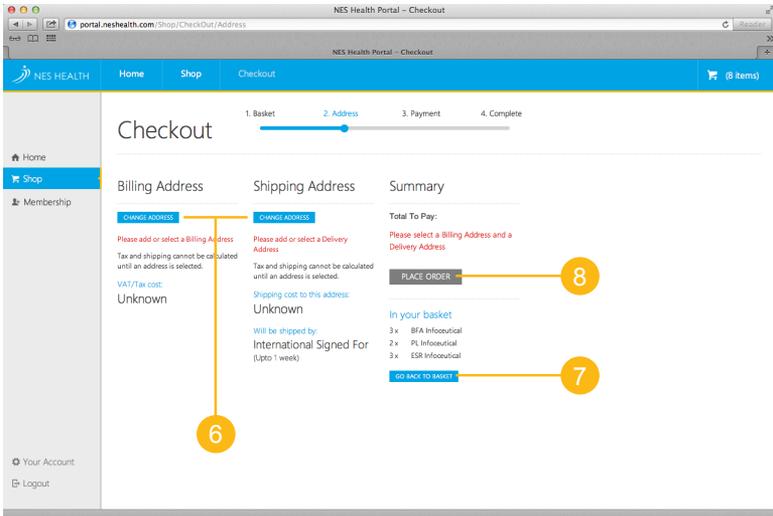
To order Infoceuticals, click the 'Infoceuticals' button,



The next page (shown above) will display every single Infoceutical. Scroll through the list to search for the Infoceutical(s) you would like to order.

- 2 Click 'ADD TO BASKET' to add the chosen Infoceutical to your basket.
- 3 If you require more than 1 bottle of a specific Infoceutical, click the '+' button until the required amount is reached. To decrease the amount click the '-' button. Then click 'ADD TO BASKET'.
- 4 To view the items currently in your basket, hover over the basket icon.
- 5 Once you are ready to pay for your items, click the 'CHECKOUT' button.

## Ordering Infoceticals on the NES Portal



In the Checkout screen above, you can review every item in your basket under the Summary section.

To proceed with your order, you must provide a Billing and Shipping address.

- 6 Click on the 'CHANGE ADDRESS' button to add an address.
- 7 If you need to add or remove an item click on the 'Go BACK TO BASKET' button.
- 8 Finally, to place your order, click the 'PLACE ORDER' button.

Follow the on screen instructions to make a payment.

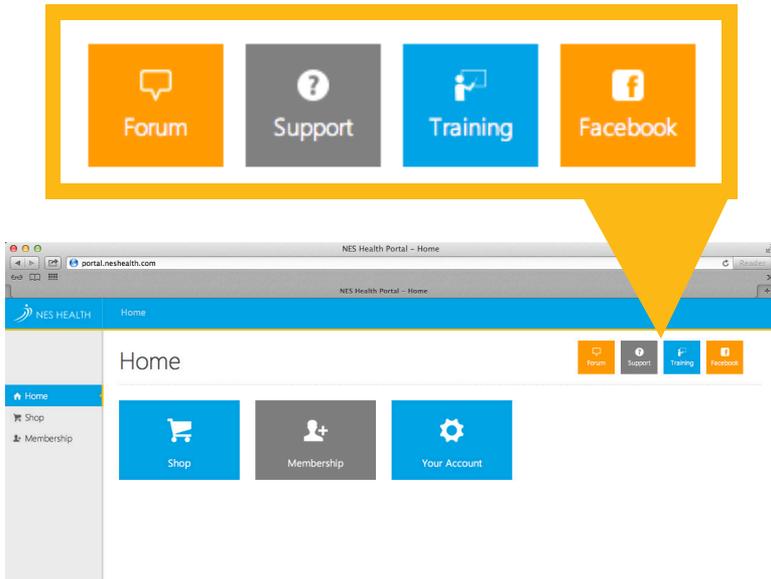
Once you have successfully paid you should shortly receive a confirmation email and invoice.

## CONGRATULATIONS

You have now placed an order.

## Other Useful Links

As well as placing orders on the NES Portal, there are some useful links found on the top right of your Home screen.



### **FORUM** (<http://forum.neshealth.com>)

Discuss any questions or information you have with fellow practitioners and NES trainers.

### **SUPPORT** (<http://help.neshealth.com>)

Click here for any clinical or technical questions. Our support team are available to answer your questions.

### **TRAINING** ([www.quantumhealthtraining.com](http://www.quantumhealthtraining.com))

To become a certified practitioner or to brush up on your NES knowledge, log onto Quantum Health Training. Courses, training materials and NES webinars can all be found here.

### **FACEBOOK** ([www.facebook.com/neshealth](http://www.facebook.com/neshealth))

Join us on Facebook and connect with other practitioners from around the world.

# Congratulations

From the entire NES family...

Congratulations on becoming a NES Health Bio-Energetic Practitioner and joining a growing NES Health global community.







**NES HEALTH**  
Through Energy & Information



NES HEALTH

Through Energy & Information

NES Health Global Headquarters

East House, Braeside Business Park,  
Sterte Avenue West,  
Poole, Dorset, BH15 2BX, UK

Tel: +44 (0) 1202 785 888

NES Health USA

5615 Scotts Valley Drive, Suite 100  
Scotts Valley  
CA 95066 United States

Telephone: +1 (888) 242-5933